

Implants - the closest replacement for natural teeth



Implant in position

Many of us lose teeth at one time or another through disease, accidents or maybe the tooth never grew at all.

If a tooth is missing, the bone surrounding the root will no longer receive any stimulation from chewing and therefore may shrink. Difficulties with biting and chewing, changes in facial appearance due to reduction in muscle tone, deterioration of the jawbone & pain are common.

Now we can offer dental implants. These are small screws which are inserted into the jawbone to replace the tooth root. They form a strong bond with the bone which is then enhanced by further growth

of bone. After around twelve weeks they provide a stable foundation for crowns, bridges or dentures. They can be used for single teeth, several teeth or all teeth.

Some of the benefits are that the jawbone is preserved, the need to compromise healthy adjacent teeth is removed & pain from ill-fitting dentures is eliminated. Also, they have been scientifically tested and documented over 30 years & have a long term success rate.

Danny Temkin, specialist oral surgeon, places our implants and has a wealth of experience in this field. How about having a consultation with him?

Root Canal Treatment (Endodontics)

Root canal treatment is needed when the nerve (pulp) of a tooth is infected through decay or injury. The infection might cause an abscess at the end of the root which may cause swelling and tenderness or severe pain. Sometimes there is no pain but the signs can be seen on an x-ray.

The treatment involves removing the infected pulp from the root canals which are then cleaned and filled. The remaining tooth is repaired with a filling and a crown

is often recommended.

Painful toothache will usually end very quickly when the canals are cleaned out. Endodontics is a skilled and time consuming procedure and usually involves at least two visits. First time root fillings are usually very successful and last many years.

Connie Pascal has a special interest in Endodontics, having many years experience in this complex area. She carries out the majority of root canals at the practice.

Contrary to popular belief, treatment itself is not painful

Without a root filling a tooth with a dead pulp would probably have to be taken out.

Mouth Guards

You would be amazed at the positions we get our mouths into when we're stressed, especially whilst sleeping. This can seriously damage our teeth.

Is your jaw aching? Do you have a constant, dull headache? Has anyone complained of an awful noise while you sleep? These may be indications that you are grinding your teeth and need a mouth

guard (not to mention a good massage)!

We would make a flexible, plastic mouth guard specifically for you which fits over your upper teeth at night. This evens out the pressure in the mouth and even re-programmes the part of the brain that controls movement so helping you to stop. Plus, of course, it provides a physical barrier to protect your teeth from damage.



Stress does crazy things in our mouths!

Teeth Bleaching

Happily none of our patients have quite the poor skin clarity of the delightful trog in our pictures! Nevertheless, the results we have seen have been nearly as stunning.

In spite of the abrasive word “bleaching”, rest assured, it is completely safe for the teeth and can even improve the gums.

First we take impressions of your teeth. From these, clear plastic trays are made that fit snugly round your teeth. About a week later, you collect these trays and also the bleaching gel.

Once home, you place a tiny drop of the gel in each of the spaces in the trays and

fit them to your teeth. Leave them for 40 minutes to 2 hours daily (or every other day if you experience sensitivity) as discussed with your dentist.

The length of time it takes varies from person to person but after 2 weeks most people will see a marked difference. It’s amazing how different you look with white teeth, you feel so good about yourself too!

If you have some important event to go to or simply can’t wait this long, come into the surgery and we will give you a laser blast to get you started so you can see immediate results. Then continue bleaching on your own as before to top it up.



*Before
Bleaching*



*After
Bleaching*

Veneers

Do you have teeth that are the wrong shape? Or maybe you have unsightly gaps between them? Or chips in them?

Veneers are thin slices of porcelain that are made to fit over the front surface of the tooth a bit like a false fingernail over a nail.

They are completely undetectable & very strong. They can change the size or shape of teeth and can close gaps between them, even changing their colour if required.

We make impressions of your teeth and then it takes around 2 weeks for the veneers to be made for you. They are then bonded onto your teeth using a special tough adhesive.

You may have seen them used with dramatic effect on the popular TV make-over programmes. The results really can be incredible.

Veneers are simple yet effective. They can change the size or shape of teeth and can close gaps between them.

Oral Hygiene

We can not over-emphasize the importance of regular visits to the hygienist.

Many people groan “Do I have to have a hygiene?” The answer is unequivocally: “Yes! In addition to following our instructions at home.”

We recommend regular hygienes to reduce the amount of bacteria in the mouth and highlight any problems before they escalate. This in turn means less problems

and even less fillings for you. Our hygienists, Shenel and Junior, have proved time and time again that this is so.

If you find you have bleeding gums, bad breath, a bad taste in your mouth or even loosening of teeth - these are a sure indication that a trip to the hygienist is needed. However, with regular visits and doing your bit at home, you should not reach this stage.



*Nobody likes smelly
breath!*